



Laser Hair Reduction

Expected Downtime

- MINIMAL. MOST CLIENTS RESUME NORMAL ACTIVITIES IMMEDIATELY.
- TEMPORARY REDNESS, MILD SWELLING, OR A SUNBURN-LIKE SENSATION MAY OCCUR (24-72 HRS).

Before Your Session

4 WEEKS BEFORE

- DO NOT WAX, PLUCK, THREAD, OR USE DEPILATORY CREAMS (SHAVING ALLOWED).

1-2 WEEKS BEFORE

- AVOID SUN EXPOSURE AND TANNING (INCLUDING ARTIFICIAL METHODS).
- DISCONTINUE RETINIDS, AHAS/BHAS, AND PHOTSENSITIZING AGENTS.

ON THE DAY

- ARRIVE WITH CLEAN SKIN – NO MAKEUP, CREAMS, PERFUME, OR DEODORANT.

After Your Session

IMMEDIATELY AFTER

- APPLY ICE PACKS TO SOOTHE SKIN.
- USE A MILD, NON-ACTIVE MOISTURIZER.
- APPLY SPF 50+ SUNSCREEN ON TREATED AREAS.
- ONLY USE PRESCRIBED OR CONSULTED CREAMS (ARNICA FOR REDNESS AND PUFFINESS, DS SILK FOR ALL AREAS OF TREATMENT)

NEXT 48-72 HOURS

- AVOID HOT SHOWERS, STEAM, SAUNAS, SWIMMING, AND STRENUOUS WORKOUTS.
- DO NOT SCRUB OR EXFOLIATE THE AREA.
- AVOID MAKEUP AND ACTIVE PRODUCTS ON TREATED ZONES.

ONGOING

- USE SUNSCREEN DAILY.
- SHAVING IS THE ONLY RECOMMENDED HAIR REMOVAL METHOD BETWEEN SESSIONS.

Rare Side Effects : Blistering, hyper/hypopigmentation (more common in Fitzpatrick IV-VI), folliculitis.

LumiNoor

