

# Noor Peels

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## Expected Downtime

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- SUPERFICIAL PEELS: MILD REDNESS, DRYNESS, OR TIGHTNESS FOR 1-3 DAYS.
  - MEDIUM-DEPTH PEELS: PEELING OR SENSITIVITY FOR UP TO 7 DAYS.
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## Before Your Session

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- DISCONTINUE RETINOIDS, EXFOLIANTS (AHAS/BHAS), AND VITAMIN C SERUMS 5-7 DAYS BEFORE.
  - AVOID WAXING, THREADING, BLEACHING, OR OTHER HAIR REMOVAL METHODS ON TREATMENT AREA.
  - AVOID DIRECT SUN EXPOSURE AND TANNING.
  - USE A GENTLE CLEANSER AND SPF 50+ SUNSCREEN.
  - KEEP SKIN MOISTURIZED AND INFORM US OF RECENT PROCEDURES OR ACTIVE CONCERNS.
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## After Your Session

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### **DAY 0-2**

- AVOID WASHING FACE FOR 6-12 HOURS.
- DO NOT USE MAKEUP OR ACTIVE INGREDIENTS.
- USE ONLY PRESCRIBED POST-PEEL CREAM OR SOOTHING GEL.

### **DAY 2-7**

- MILD PEELING/FLAKING MAY OCCUR – DO NOT PICK OR RUB THE SKIN.
- IF REQUIRED, USE STERILIZED SCISSORS TO TRIM LOOSE FLAKES.
- USE A GENTLE, NON-FOAMING CLEANSER AND HEAVY MOISTURIZER.
- REAPPLY SPF 50+ EVERY 3-4 HOURS.
- AVOID SCRUBS, ACTIVES (RETINOIDS, AHAS, VITAMIN C), AND SALON TREATMENTS.

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Note: No visible peeling does not mean the peel was ineffective.

LumiNoor